



BTEC Level 3
HEALTH AND SOCIAL CARE:
SUMMER TRANSITION BOOKLET



What is Health and Social Care?



Health services are the services in society which are designed to meet the health needs of the population. This includes hospitals, health centres, mental health support, and involves the work of professionals such as doctors, nurses, midwives and healthcare assistants.

Social care services provide support and care for individuals with additional needs. From care homes to social workers, all aspects of social care provide support for people going through difficult times in their lives when they have specific care needs which must be met.

Part of health and social care services also includes services for those in their early years. These early years services, such as nurseries or paediatric nurses, work with small children to ensure that their developmental needs are met.

All qualifications in health and social care are designed to prepare students with the knowledge and skills necessary to work in challenging job roles in both health services and the social care sector.

A BTEC Level 3 qualification in health and social care could prepare you for further training at university to pursue a career in professions such as social work, nursing or midwifery; or it could be used as preparation for applications to work as a health care or support assistant in a number of different care settings.



BTEC LEVEL 3 HEALTH AND SOCIAL CARE:

If you choose to study BTEC Level 3 Health and Social Care, you will be studying for an Extended Certificate in this subject which is worth the same amount of UCAS points as a traditional A level qualification.

The units you will study are:

Unit Name		Key content	Assessment
1	HUMAN LIFESPAN DEVELOPMENT	<ul style="list-style-type: none">• Human growth and development through the life stages• Factors affecting human growth and development• Effects of ageing	<p>You will be assessed by an EXAM, lasting 1 hour 30 minutes. It is worth 90 marks.</p> <p>The exam includes short and long answer questions.</p>
2	WORKING IN HEALTH AND SOCIAL CARE	<ul style="list-style-type: none">• The roles and responsibilities of people who work in the health and social care sector• The role of organisations in the health and social care sector• Working with people with specific needs	<p>You will be assessed by an EXAM, lasting 1 hour 30 minutes. It is worth 80 marks.</p> <p>The exam includes sections of different groups of service users</p>
5	MEETING INDIVIDUAL CARE AND SUPPORT NEEDS	<ul style="list-style-type: none">• Principles, values and skills which underpin meeting care and support needs of individuals• Ethical issues involved in providing care and support• Enabling individuals to overcome challenges• Investigating how professionals meet individual care and support needs	<p>You will be assessed by a series of COURSEWORK ASSIGNMENTS.</p> <p>These will be assessed in school, by your tutor.</p>
10	SOCIOLOGICAL PERSPECTIVES	<ul style="list-style-type: none">• How sociological concept and perspectives are applied to the study of health and social care• Models and concepts of health and ill health• Social inequalities, demographic change, and patterns which affect health and social care delivery	<p>You will be assessed by a series of COURSEWORK ASSIGNMENTS.</p> <p>These will be assessed in school, by your tutor.</p>

For more information and sample exam papers, please see the BTEC website:

<http://qualifications.pearson.com/en/qualifications/btec-nationals/health-and-social-care-2016.html>

Transition Tasks:

TASK 1

We use the concepts of health and wellbeing everyday when discussing our lives and experiences. However, what do these terms actually mean in practice? Carry out some internet research to explain:

- What is health?
- What is ill health?
- What is wellbeing?



TASK 2

A wide range of factors can have a positive and negative impact on our health and wellbeing throughout our lives. Through a written report, poster or diagram:

EXPLAIN how your health and wellbeing (or your favourite celebrity's) has been influenced by different factors in your life.

You may want to consider factors such as their genetics, friends, family, childhood experiences, income, environment, education and lifestyle as these will all impact on their health and wellbeing, either positively or negatively.

TASK 3 (Optional)

What are your own health and social care career aspirations?

Explain them below and outline what you think you still need to do to achieve them...
