

PSHE

Curriculum Vision Statement

"We need to reshape our own perception of how we view ourselves. We have to step up as women and take the lead".

Beyonce Knowles

Vision

At Northampton School for Girls (NSG), Personal, Social and Health Education (PSHE) enables students to feel positive about who they are and to enjoy healthy, safe, responsible and fulfilled lives. Through active learning opportunities, pupils will learn to recognise and manage risk, take increasing responsibility for themselves, their choices and behaviours and make positive contributions to their families, schools and communities.

At NSG students will learn to recognise, develop and communicate their qualities, skills and attitudes. They will build knowledge, confidence and self-esteem and make the most of their abilities. Students will learn to identify and articulate feelings and emotions, learn to manage new or difficult situations positively and form and maintain effective relationships with a wide range of people. These are skills which will help our students in any future career they choose to follow. The NSG PSHE programme is underpinned by the school values of Respect for Self, Respect for Others and Respect for Learning.

The high impact of the NSG PSHE programme means that students demonstrate and apply the British Values of Democracy, Tolerance, Mutual Respect, Rule of Law and Liberty. They have a healthy outlook towards school; evident in their good behaviour, social interactions, after-school club attendance, anti-bullying ambassadors, mental health ambassadors and TARGET champions.

Our aims

Our aim for PSHE is to provide students with:

- accurate and relevant knowledge
- opportunities to turn that knowledge into personal understanding
- opportunities to explore, clarify and, if necessary, challenge, their own and others' values, attitudes, beliefs, rights and responsibilities
- the skills and strategies they need in order to live healthy, safe, fulfilling, responsible and balanced lives.

At NSG we know that learning and undertaking activities in PSHE contributes to achievement of the curriculum aims for all young people to become:

- successful learners who enjoy learning, make progress and achieve
- confident individuals who are able to live safe, healthy and fulfilling lives
- responsible citizens who make a positive contribution to society.

Implementation

KS3 topics to be covered from September 2020:

YEAR 7	YEAR 8	YEAR 9
<ul style="list-style-type: none">• Transition and safety• Skills and aspirations• Diversity• Health and puberty• Building relationships• Financial decision making	<ul style="list-style-type: none">• Drugs and alcohol• Community and careers• Discrimination• Emotional wellbeing• Identity and relationships• Digital literacy	<ul style="list-style-type: none">• Peer influence• Substance use and gangs• Setting goals• Respectful relationships• Healthy lifestyle• Intimate relationships• Employability skills

KS4 topics

YEAR 10	YEAR 11
<ul style="list-style-type: none">• Mental health• Financial decision making• Healthy relationships• Exploring influence• Dddressing extremism and radicalisation• Careers	<ul style="list-style-type: none">• Building for the future• Next steps• Communication and Relationships• Independence• Families



Assessment

Assessments at the start of each topic will show what the students know about the topic and then, at the end of the topic, a further assessment will show what they have learnt. This will also help to plan the next sequence of their learning for each topic. Issues in our local community as well as within school, also help determine our planning.