

Course Aims

An important part of your daughter's Key Stage 4 experience is the PSHE Programme. This consists of two short lessons per week and is taught by your daughter's tutor.

PSHE lessons aim to help your daughter learn about and achieve personal, social, health and economic well-being as she matures into adulthood. The PSHE course also guides your daughter to study effectively at school and at home to assist her in preparation for the next steps in her career – at school, college/university and eventually work.

What you will study

Topics will include:

Self organisation and time management

Understanding effective ways of learning, including how to revise for examinations

Careers education and guidance

Opportunities Post-16

Sex and relationships education – including HIV awareness, pregnancy and child care, contraception, drug awareness, mental and emotional well-being

Teamwork and problem-solving activities

Personal effectiveness; working in groups, dealing with difficult situations

Financial Capability

The Facts

Subject	Level	Exam Board	Time Allocation	Assessment	Access to grades
PSHE	N/A	N/A	2 short lessons per week	This is a non-examination course	N/A

**For further information talk to
Your Head of Year
or see the PSHE scheme of
work in your planner**