



Cambridge National Certificate in Health and Social Care

OCR

Oxford Cambridge and RSA

Why study Level 2 OCR Health & Social Care at GCSE?

- This course is ideal for anyone who has an interest in Health and Social Care or Early Years.
- It is equivalent to a GCSE and is a vocational related qualification.
- It helps students to understand how care is provided in a range of different settings.
- It equips students with the essential knowledge and transferable skills for a possible future career in Health and Social Care and Early Years.
- It is relevant for anyone interested in Nursing, Nursery Nursing, Midwifery, Occupational Therapist, Physiotherapy, Social work, Teaching, Paramedical Science.
- The course will involve a range of different teaching, learning and assessment styles including practical scenarios.

Structure of the Course

Specification: OCR

Requires the completion of 4 units over the course of the two years. Two mandatory units and two optional units.

- Unit R021 – Essential values of care for use with individuals in care settings (Mandatory 25%)
- Unit R022 – Communicating and working with individuals in health, social care and early years settings (Mandatory 25%)

Two optional units from:

- Unit R025 – Understanding Life Stages
- Unit R026 – Planning for employment in health, social care and children and young people’s workforce
- Unit R029 - Understanding the nutrients needed for good health
- Unit R031 - Using basic first aid procedures

External Exam : Year 10 - Unit R021

Structure of the Course

	Year 10	Year 11
Term 1	Unit R021 (External exam) September - December	Optional Unit 1 (Coursework) September - December
Term 2	Unit R021 (External Exam) January - February Unit R022 (Coursework) February - April	Optional Unit 1 (Coursework) January - February Optional Unit 2 (Coursework) February - April
Term 3	Unit R022 (Coursework) April - July	Optional Unit 2 (Coursework) April - June

External Assessments

Unit	Type	When?
Unit R021	Examination set and marked by OCR, consisting of short and long answered questions. <ul style="list-style-type: none">• 1 hour• 60 marks.	January 2022

Unit R021 (25%): Essential values of care for use with individuals in care settings

Mandatory Unit – External Exam:

Students learn about the rights of individuals and the values of care required when working in a health, social care or early years environment. Through role play and case studies they gain understanding of how to apply these values so that individuals' dignity is maintained.

- Learning Outcome 1: Understand how to support individuals to maintain their rights
- Learning Outcome 2: Understand the importance of the values of care and how they are applied
- Learning Outcome 3: Understand how legislation impacts on care settings
- Learning Outcome 4: Understand how personal hygiene, safety and security measures protect individuals

Unit R022(25%): Communicating and working with individuals in health, social care and early years settings

Mandatory Unit – Written Coursework:

Students explore different types of communication. They learn about the importance of effective communication to connect with individuals using care services, and they develop their understanding of how the way they communicate impacts on an individual's care.

- Learning Outcome 1: Understand how to communicate effectively
- Learning Outcome 2: Understand the personal qualities that contribute to effective care
- Learning outcome 3: Be able to communicate effectively within a health, social care and early years setting

Unit R025 (25%): Understanding Life Stages

Optional Unit – Written Coursework:

Students investigate the main changes that occur during each stage of life and how they may affect the care requirements of individuals. They apply the knowledge they have gained to develop appropriate support plans for individuals at different stages of life.

- Learning Outcomes 1: Understand the stages of development from young people to adulthood
- Learning Outcomes 2: Understand the ageing process in older adulthood
- Learning Outcomes 3: Know which medical conditions may affect progress through the life stages
- Learning Outcomes 4: Be able to create support plans

Unit R026 (25%): Planning for employment in health, social care and children and young people's workforce

Optional Unit – Written Coursework:

Students develop their knowledge of the wide range of career paths and opportunities in the care sector, including entry points and the qualifications required. They find out about both the challenges and the rewards, enabling them to make informed decisions about the career path they may wish to follow and prepare a personal career plan.

- Learning Outcome 1: Know about careers in health, social care or the children and young people's workforce
- Learning Outcome 2: Understand the nature of working in health, social care or the children and young people's workforce
- Learning Outcome 3: Be able to plan for careers in health, social care or the children and young people's workforce

Optional Unit – Written Coursework:

Students explore the importance of diet at all life stages. They find out about the key nutrients required for good health from childhood to old age and apply their knowledge in practical situations.

- Learning Outcome 1: Know the dietary needs of individuals in each life stage
- Learning Outcome 2: Be able to create dietary plans for specific dietary needs
- Learning Outcome 3: Be able to produce nutritional meals for specific dietary requirements

Unit R031 (25%): Using basic first aid procedures

Optional Unit – Written Coursework:

Students find out about basic first aid procedures that might be required in a health or social care setting, including how to carry out basic first aid on adults. They learn how to assess the scene of an accident for further risks and what information they need to communicate when contacting the emergency services.

- Learning Outcome 1: Be able to assess scenes of accidents to identify risks and continuing dangers
- Learning Outcome 2: Understand the first aid procedures for a range of injuries
- Learning Outcome 3: Be able to apply basic first aid procedures

Awarding of Grades

OCR qualification grades are different to other GCSE grades.

Cambridge National Certificate in Health & Social Care has the following grading:

Level 2 Distinction* - equivalent to GCSE grade 8.5

Level 2 Distinction - equivalent to GCSE grade 7

Level 2 Merit - equivalent to GCSE grade 5.5

Level 2 Pass - equivalent to GCSE grade - 4

Level 1 Pass - equivalent to GCSE grade - 1.25

Methods of Study and Assessment

Externally Assessed

- Exam - short and long answer questions

Internally Assessed

- Powerpoint presentations
- Practical Assessments
- Booklets
- Posters
- Observations



Future Career Options

The methods of study and research involved in Health and Social Care are very useful training for a variety of careers, from working in the care industry to education to nursing

OCR Health and Social Care teaches you to research independently, describing, explaining and justifying/analysing your answers and to write in a concise and logical manner.

University:

Primary teaching

Midwifery

Nursing

Care work

Social work

Paramedical Science

Jobs:

- Social worker
- Primary school teacher
- Midwife
- Carer
- Paramedic
- Health Visitors

Contacts at NSG.....

If you wish to ask any questions or find out more about the course please contact.....

Mrs Pichler - cpichler@nsg.northants.sch.uk

or

Mrs Timms - stimms@nsg.northants.sch.uk