

SEPT 25
WEEK 1

MAIN

MONDAY

AFTERNOON
BRUNCH

Beans or Peas

(2A,4,7,14)

TUESDAY

SPAGHETTI
BOLOGNESE

Garlic Bread

(1,2A,7,13)

WEDNESDAY

JACKET POTATO

Cheese & Salad

(7)

THURSDAY

CHICKEN TIKKA

Rice, Peas & Naan Bread

(2A,7)

FRIDAY

SALMON FISH
CAKE & CHIPS

Beans/Peas

(2A,5)

VEGETARIAN

AFTERNOON VEG
BRUNCH

Beans/Peas

(2A,4,7,13,14)

QUORN
BOLOGNESE

Garlic Bread

(2A,2C,4,7,13)

JACKET POTATO

Cheese & Salad

(7)

VEGETARIAN TIKKA

Rice, Peas & Naan Bread

(2A,4,7)

FALAFEL SPINACH
BURGER, CHIPS

Beans/Peas

(2A,4,12)

DELI

FRESHLY PREPARED SALAD WITH A OPTION OF TOPPINGS (CHEESE (7), CHICKEN TIKKA (4,7), CHICKEN MAYO (4), HAM OR TUNA MAYO (4,5) AND A SIDE OF JACKET POTATO, COLD PASTA (2A) OR CRUSTY ROLL (2A).
(ALL ITEMS SUBJECT TO AVAILABILITY)

TAKEOUT
TUBS

HERBY TOMATO or
CHICKEN KORMA (7)

With Fusilli Pasta

(2A,9,13)

or Rice

HERBY TOMATO or
BEEF BOLOGNESE

With Fusilli Pasta

(2A,9,13)

or Rice

HERBY TOMATO or
CHICKEN TIKKA (7)

With Fusilli Pasta

(2A,9,13)

or Rice

HERBY TOMATO or
BEEF CHILLI

With Fusilli Pasta

(2A,9,13)

or Rice

HERBY TOMATO or
CHEESE (7)

With Fusilli Pasta

(2A,9,13)

PUDDING

ICE CREAM POT

(7)

Fresh Fruit, Yoghurt (7)Or Jelly

APPLE CRUMBLE &
CUSTARD

(2A,7)

Fresh Fruit, Yoghurt (7)Or Jelly

MIXED FRUIT MUFFIN

(2A,4,7,13,14)

Fresh Fruit, Yoghurt (7)Or Jelly

VANILLA SPONGE &
CUSTARD

(2A,4,7)

Fresh Fruit, Yoghurt (7)Or Jelly

FLAP JACK

(2A,2C,2D)

Fresh Fruit, Yoghurt (7)Or Jelly

Use the QR Code to
get all the Allergy
and Nutritional In-
formation or type in
a Browser

[https://
app.catercloud.com/
menu/082699BC-760C-
4756-9383-
958F5489C622](https://app.catercloud.com/menu/082699BC-760C-4756-9383-958F5489C622)

ANY ALLERGY CONCERNS PLEASE SPEAK TO THE CATERING TEAM
ALLERGIES HIGHLIGHTED IN RED "CONTAINS" THE ALLERGY BLACK "MAY CONTAIN"

1 Celery 2A Wheat 2B Rye 2C Barley 2D Oats 2E Spelt 3 Crustaceans 4 Eggs 5 Fish 6 Lupin
7 Milk 8 Molluscs 9 Mustard 10 Peanuts 11 Nuts 12 Sesame 13 Soya 14 Sulphur Dioxide



WE ONLY SERVE FOOD WE WOULD BE HAPPY TO BE SERVED OURSELVES. MOST OF OUR MEAT IS RED TRACTOR ACCREDITED AND BRITISH, OUR EGGS AND MAYO ARE FREE RANGE, OUR FISH IS CAUGHT FROM SUSTAINABLE STOCKS. TO FURTHER REDUCE THE FOOD MILES, AMEY'S AIM IS TO PROCURE OUR INGREDIENTS FROM ONE SUPPLIER THAT SOURCE AS LOCAL AS POSSIBLE. HOWEVER SOURCING THESE GREAT INGREDIENTS AND PRODUCING GREAT TASTING FOOD CAN ONLY BE BROUGHT TOGETHER BY OUR SKILLED AND TRAINED TEAMS. ALL OF OUR FOOD IS PRODUCED IN AN ENVIRONMENT WHERE NUTS AND OTHER FOOD ALLERGENS ARE PRESENT, IF YOU HAVE A DIETARY REQUIREMENTS, PLEASE SPEAK TO ONE OF OUR TEAM WHO WILL BE HAPPY TO HELP TO FIND SOMETHING SUITABLE. ALL OF OUR DISHES ARE FULLY COMPLIANT WITH THE NEW GOVERNMENT NUTRITIONAL GUIDELINES 2015 AND PRODUCED USING A FOOD ANALYSIS SYSTEM.

SEPT 25
WEEK 2

MAIN

VEGETARIAN

DELI

TAKEOUT
TUBS

PUDDING

MONDAY

COTTAGE PIE
Peas, Sweetcorn
(2A,2C,7,13)

QUORN COTTAGE PIE
Peas, Sweetcorn
(2A,2C,4,7,13)

TUESDAY

PEPPERONI PASTA
BAKE
Salad
(2A,9,7,13)

CHEESE & TOMATO
PASTA BAKE
Salad
(2A,7)

WEDNESDAY

JACKET POTATO
Tuna & Salad
(4,5)

JACKET POTATO
Tuna & Salad
(4,5)

THURSDAY

CHICKEN KORMA
Rice & Naan Bread
(2A,7)

QUORN KORMA
Rice & Naan Bread
(2A,4,7)

FRIDAY

FISH, CHIPS
Beans/Peas
(2A,5)

CHEESE & ONION
PASTY, CHIPS
With Beans/Peas
(2A,7)

FRESHLY PREPARED SALAD WITH A OPTION OF TOPPINGS (CHEESE **(7)**, CHICKEN TIKKA **(4,7)**, CHICKEN MAYO **(4)**, HAM OR TUNA MAYO **(4,5)**) AND A SIDE OF JACKET POTATO, COLD PASTA **(2A)** OR CRUSTY ROLL **(2A)**.
(ALL ITEMS SUBJECT TO AVAILABILITY)

HERBY TOMATO or
CHICKEN KORMA **(7)**
With Fusilli Pasta
(2A,9,13)
or Rice

HERBY TOMATO or
BEEF BOLOGNESE
With Fusilli Pasta
(2A,9,13)
or Rice

HERBY TOMATO or
CHICKEN TIKKA **(7)**
With Fusilli Pasta
(2A,9,13)
or Rice

HERBY TOMATO or
BEEF CHILLI
With Fusilli Pasta
(2A,9,13)
or Rice

HERBY TOMATO or
CHEESE **(7)**
With Fusilli Pasta
(2A,9,13)

ICE CREAM
(7)
Fresh Fruit, Yoghurt **(7)**Or Jelly

APPLE 'N' PEAR
CRUMBLE & CUSTARD
(2A,7)
Fresh Fruit, Yoghurt **(7)**Or Jelly

PINEAPPLE & CHERRY
MUFFIN
(2A,4,7)
Fresh Fruit, Yoghurt **(7)**Or Jelly

CHOCOLATE & DATE
SPONGE & CUSTARD
(2A,4,7)
Fresh Fruit, Yoghurt**(7)**Or Jelly

CHERRY
SHORTBREAD
(2A)
Fresh Fruit, Yoghurt **(7)**Or Jelly

ANY ALLERGY CONCERNS PLEASE SPEAK TO THE CATERING TEAM
ALLERGIES HIGHLIGHTED IN RED "CONTAINS" THE ALLERGY BLACK "MAY CONTAIN"

1 Celery 2A Wheat 2B Rye 2C Barley 2D Oats 2E Spelt 3 Crustaceans 4 Eggs 5 Fish 6 Lupin
7 Milk 8 Molluscs 9 Mustard 10 Peanuts 11 Nuts 12 Sesame 13 Soya 14 Sulphur Dioxide



WE ONLY SERVE FOOD WE WOULD BE HAPPY TO BE SERVED OURSELVES. MOST OF OUR MEAT IS RED TRACTOR ACCREDITED AND BRITISH, OUR EGGS AND MAYO ARE FREE RANGE, OUR FISH IS CAUGHT FROM SUSTAINABLE STOCKS. TO FURTHER REDUCE THE FOOD MILES, AMEY'S AIM IS TO PROCURE OUR INGREDIENTS FROM ONE SUPPLIER THAT SOURCE AS LOCAL AS POSSIBLE. HOWEVER SOURCING THESE GREAT INGREDIENTS AND PRODUCING GREAT TASTING FOOD CAN ONLY BE BROUGHT TOGETHER BY OUR SKILLED AND TRAINED TEAMS. ALL OF OUR FOOD IS PRODUCED IN AN ENVIRONMENT WHERE NUTS AND OTHER FOOD ALLERGENS ARE PRESENT, IF YOU HAVE A DIETARY REQUIREMENTS, PLEASE SPEAK TO ONE OF OUR TEAM WHO WILL BE HAPPY TO HELP TO FIND SOMETHING SUITABLE. ALL OF OUR DISHES ARE FULLY COMPLIANT WITH THE NEW GOVERNMENT NUTRITIONAL GUIDELINES 2015 AND PRODUCED USING A FOOD ANALYSIS SYSTEM.

SEPT 25
WEEK 3

MONDAY

ROAST BEEF
Roast Potato, Yorkshire pud,
Green Beans, Sweetcorn &
Gravy
(2A,2C,4,7,13)

MAIN

VEGETARIAN

**CAULIFLOWER
CHEESE**
Roast Potatoes, Yorkshire
pud, Green Beans, Sweetcorn
& Gravy
(1,2A,2C,4,7,9,13)

DELI

FRESHLY PREPARED SALAD WITH A OPTION OF TOPPINGS (CHEESE **(7)**, CHICKEN TIKKA **(4,7)**, CHICKEN MAYO **(4)**, HAM OR TUNA MAYO **(4,5)** AND A SIDE OF JACKET POTATO, COLD PASTA **(2A)** OR CRUSTY ROLL **(2A)**.
(ALL ITEMS SUBJECT TO AVAILABILITY)

TAKEOUT
TUBS

**HERBY TOMATO or
CHICKEN KORMA (7)**
With Fusilli Pasta
(2A,9,13)
or Rice

PUDDING

ICE CREAM POT
(7)
Fresh Fruit, Yoghurt **(7)**Or Jelly

TUESDAY

BEEF CHILLI
Rice & Nacho's
(2A)

QUORN CHILLI
Rice & Nacho's
(2C,4)

**HERBY TOMATO or
BEEF BOLOGNESE**
With Fusilli Pasta
(2A,9,13)
or Rice

**STRAWBERRY 'N'
RHUBARB CRUMBLE &
CUSTARD**
(2A,4,7,13)
Fresh Fruit, Yoghurt **(7)**Or Jelly

WEDNESDAY

JACKET POTATO
Beans & Salad

JACKET POTATO
Beans & Salad

**HERBY TOMATO or
CHICKEN TIKKA (7)**
With Fusilli Pasta
(2A,9,13)
or Rice

**LEMON DRIZZLE
MUFFIN**
(2A,4,7)
Fresh Fruit, Yoghurt **(7)**Or Jelly

THURSDAY

CHICKEN BALTI
Rice & Naan Bread
(2A,4,9)

VEGETARIAN BALTI
Rice & Naan Bread
(2A,4,7,9)

**HERBY TOMATO or
BEEF CHILLI**
With Fusilli Pasta
(2A,9,13)
or Rice

**JAM SPONGE &
CUSTARD**
(2A,4,7,13)
Fresh Fruit, Yoghurt **(7)**Or Jelly

FRIDAY

FISH, CHIPS
With Beans/Peas
(2A,5)

**VEGAN SAUSGAE
ROLL, CHIPS**
Beans/Peas
(2A,2C,7,13)

**HERBY TOMATO or
CHEESE (7)**
With Fusilli Pasta
(2A,9,13)

**CHOCOLATE & ORANGE
BROWNIE**
(2A,4,7,13)
Fresh Fruit, Yoghurt **(7)**Or Jelly

ANY ALLERGY CONCERNS PLEASE SPEAK TO THE CATERING TEAM
ALLERGIES HIGHLIGHTED IN RED "CONTAINS" THE ALLERGY BLACK "MAY CONTAIN"

1 Celery 2A Wheat 2B Rye 2C Barley 2D Oats 2E Spelt 3 Crustaceans 4 Eggs 5 Fish 6 Lupin
7 Milk 8 Molluscs 9 Mustard 10 Peanuts 11 Nuts 12 Sesame 13 Soya 14 Sulphur Dioxide



WE ONLY SERVE FOOD WE WOULD BE HAPPY TO BE SERVED OURSELVES. MOST OF OUR MEAT IS RED TRACTOR ACCREDITED AND BRITISH, OUR EGGS AND MAYO ARE FREE RANGE, OUR FISH IS CAUGHT FROM SUSTAINABLE STOCKS. TO FURTHER REDUCE THE FOOD MILES, AMEY'S AIM IS TO PROCURE OUR INGREDIENTS FROM ONE SUPPLIER THAT SOURCE AS LOCAL AS POSSIBLE. HOWEVER SOURCING THESE GREAT INGREDIENTS AND PRODUCING GREAT TASTING FOOD CAN ONLY BE BROUGHT TOGETHER BY OUR SKILLED AND TRAINED TEAMS. ALL OF OUR FOOD IS PRODUCED IN AN ENVIRONMENT WHERE NUTS AND OTHER FOOD ALLERGENS ARE PRESENT, IF YOU HAVE A DIETARY REQUIREMENTS, PLEASE SPEAK TO ONE OF OUR TEAM WHO WILL BE HAPPY TO HELP TO FIND SOMETHING SUITABLE. ALL OF OUR DISHES ARE FULLY COMPLIANT WITH THE NEW GOVERNMENT NUTRITIONAL GUIDELINES 2015 AND PRODUCED USING A FOOD ANALYSIS SYSTEM.

SEPT 25
WEEK 4

MAIN

VEGETARIAN

DELI

TAKEOUT
TUBS

PUDDING

MONDAY

HUNTERS CHICKEN
Wedges & Salad

(7)

VEGAN FILLET
Wedges & Salad

(1,2A)

TUESDAY

CHICKEN & GARLIC
MUSHROOM
TAGLIATELLE
Garlic Bread
(2A,4,7,9,13)

GARLIC MUSHROOM
TAGLIATELLE

Garlic Bread
(1,2A,4,7,9,13)

WEDNESDAY

JACKET POTATO
Cheese & Salad

(7)

JACKET POTATO
Cheese & Salad

(7)

THURSDAY

KATSU
CHICKEN CURRY
Rice & Naan Bread

(2A,13)

KATSU VEGETABLE
CURRY
Rice & Naan Bread

(2A,13)

FRIDAY

SALMON FISH
CAKE, CHIPS
beans/peas

(2A,5)

VEGETARIAN
SAUSAGE, CHIPS
beans/peas

(2A,2C,4,7)

FRESHLY PREPARED SALAD WITH A OPTION OF TOPPINGS (CHEESE (7), CHICKEN TIKKA (4,7), CHICKEN MAYO (4), HAM OR TUNA MAYO (4,5) AND A SIDE OF JACKET POTATO, COLD PASTA (2A) OR CRUSTY ROLL (2A).
(ALL ITEMS SUBJECT TO AVAILABILITY)

HERBY TOMATO or
CHICKEN KORMA (7)
With Fusilli Pasta
(2A,9,13)
or Rice

HERBY TOMATO or
BEEF BOLOGNESE
With Fusilli Pasta
(2A,9,13)
or Rice

HERBY TOMATO or
CHICKEN TIKKA (7)
With Fusilli Pasta
(2A,9,13)
or Rice

HERBY TOMATO or
BEEF CHILLI
With Fusilli Pasta
(2A,9,13)
or Rice

HERBY TOMATO or
CHEESE (7)
With Fusilli Pasta
(2A,9,13)

ICE CREAM POT

(7)
Fresh Fruit, Yoghurt (7) Or Jelly

APPLE CRUMBLE &
CUSTARD

(2A,7)
Fresh Fruit, Yoghurt (7) Or Jelly

MIXED FRUIT MUFFIN

(2A,4,7,13,14)
Fresh Fruit, Yoghurt (7) Or Jelly

VANILLA SPONGE &
CUSTARD

(2A,4,7)
Fresh Fruit, Yoghurt (7) Or Jelly

CHERRY SHORTBREAD

(2A,2C,2D)
Fresh Fruit, Yoghurt(7) Or Jelly

ANY ALLERGY CONCERNS PLEASE SPEAK TO THE CATERING TEAM
ALLERGIES HIGHLIGHTED IN RED "CONTAINS" THE ALLERGY BLACK "MAY CONTAIN"

1 Celery 2A Wheat 2B Rye 2C Barley 2D Oats 2E Spelt 3 Crustaceans 4 Eggs 5 Fish 6 Lupin 7 Milk
8 Molluscs 9 Mustard 10 Peanuts 11 Nuts 12 Sesame 13 Soya 14 Sulphur Dioxide



WE ONLY SERVE FOOD WE WOULD BE HAPPY TO BE SERVED OURSELVES. MOST OF OUR MEAT IS RED TRACTOR ACCREDITED AND BRITISH, OUR EGGS AND MAYO ARE FREE RANGE, OUR FISH IS CAUGHT FROM SUSTAINABLE STOCKS. TO FURTHER REDUCE THE FOOD MILES, AMEY'S AIM IS TO PROCURE OUR INGREDIENTS FROM ONE SUPPLIER THAT SOURCE AS LOCAL AS POSSIBLE. HOWEVER SOURCING THESE GREAT INGREDIENTS AND PRODUCING GREAT TASTING FOOD CAN ONLY BE BROUGHT TOGETHER BY OUR SKILLED AND TRAINED TEAMS. ALL OF OUR FOOD IS PRODUCED IN AN ENVIRONMENT WHERE NUTS AND OTHER FOOD ALLERGENS ARE PRESENT, IF YOU HAVE A DIETARY REQUIREMENTS, PLEASE SPEAK TO ONE OF OUR TEAM WHO WILL BE HAPPY TO HELP TO FIND SOMETHING SUITABLE. ALL OF OUR DISHES ARE FULLY COMPLIANT WITH THE NEW GOVERNMENT NUTRITIONAL GUIDELINES 2015 AND PRODUCED USING A FOOD ANALYSIS SYSTEM.

SEPT 25
WEEK 5

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN

PORK SAUSAGES
Mash Potato, Peas & Gravy
(2A, 2C, 7, 13, 14)

CHICKEN & BROCCOLI
BAKE
Garlic Bread
(1, 2A, 4, 7, 9, 13)

JACKET POTATO
Tuna & Salad
(4, 5)

THAI GREEN CHICKEN
CURRY
Rice & Naan Bread
(2A, 7)

FISH, CHIPS
Beans/Peas
(5)

VEGETARIAN

VEGGIE SAUSAGES
Mash Potato, Peas & Gravy
(2A, 2C, 7, 13)

MACARONI CHEESE
Garlic Bread
(2A, 7, 13)

JACKET POTATO
Tuna & Salad
(4, 5)

THAI GREEN VEG
CURRY
Rice & Naan
(2A, 4, 7)

SPICY BEAN
BURGER, CHIPS
Beans/Peas
(2A)

DELI

FRESHLY PREPARED SALAD WITH A OPTION OF TOPPINGS (CHEESE (7), CHICKEN TIKKA (4, 7), CHICKEN MAYO (4), HAM OR TUNA MAYO (4, 5) AND A SIDE OF JACKET POTATO, COLD PASTA (2A) OR CRUSTY ROLL (2A, 11, 7, 12, 13).
(ALL ITEMS SUBJECT TO AVAILABILITY)

TAKEOUT
TUBS

HERBY TOMATO or
CHICKEN KORMA (7)
With Fusilli Pasta
(2A, 9, 13)
or Rice

HERBY TOMATO or
BEEF BOLOGNESE
With Fusilli Pasta
(2A, 9, 13)
or Rice

HERBY TOMATO or
CHICKEN TIKKA (7)
With Fusilli Pasta
(2A, 9, 13)
or Rice

HERBY TOMATO or
BEEF CHILLI
With Fusilli Pasta
(2A, 9, 13)
or Rice

HERBY TOMATO or
CHEESE (7)
With Fusilli Pasta
(2A, 9, 13)

PUDDING

ICE CREAM
(7)
Fresh Fruit, Yoghurt (7) Or Jelly

APPLE 'N' PEAR
CRUMBLE & CUSTARD
(2A, 7)
Fresh Fruit, Yoghurt (7) Or Jelly

PINEAPPLE & CHERRY
MUFFIN
(2A, 4, 7)
Fresh Fruit, Yoghurt (7) Or Jelly

CHOCOLATE & DATE
SPONGE & CUSTARD
(2A, 4, 7)
Fresh Fruit, Yoghurt (7) Or Jelly

CHERRY SHORTBREAD
(2A)
Fresh Fruit, Yoghurt (7) Or Jelly

ANY ALLERGY CONCERNS PLEASE SPEAK TO THE CATERING TEAM
ALLERGIES HIGHLIGHTED IN RED "CONTAINS" THE ALLERGY BLACK "MAY CONTAIN"

1 Celery 2A Wheat 2B Rye 2C Barley 2D Oats 2E Spelt 3 Crustaceans 4 Eggs 5 Fish 6 Lupin
7 Milk 8 Molluscs 9 Mustard 10 Peanuts 11 Nuts 12 Sesame 13 Soya 14 Sulphur Dioxide



WE ONLY SERVE FOOD WE WOULD BE HAPPY TO BE SERVED OURSELVES. MOST OF OUR MEAT IS RED TRACTOR ACCREDITED AND BRITISH, OUR EGGS AND MAYO ARE FREE RANGE, OUR FISH IS CAUGHT FROM SUSTAINABLE STOCKS. TO FURTHER REDUCE THE FOOD MILES, AMEY'S AIM IS TO PROCURE OUR INGREDIENTS FROM ONE SUPPLIER THAT SOURCE AS LOCAL AS POSSIBLE. HOWEVER SOURCING THESE GREAT INGREDIENTS AND PRODUCING GREAT TASTING FOOD CAN ONLY BE BROUGHT TOGETHER BY OUR SKILLED AND TRAINED TEAMS. ALL OF OUR FOOD IS PRODUCED IN AN ENVIRONMENT WHERE NUTS AND OTHER FOOD ALLERGENS ARE PRESENT, IF YOU HAVE A DIETARY REQUIREMENTS, PLEASE SPEAK TO ONE OF OUR TEAM WHO WILL BE HAPPY TO HELP TO FIND SOMETHING SUITABLE. ALL OF OUR DISHES ARE FULLY COMPLIANT WITH THE NEW GOVERNMENT NUTRITIONAL GUIDELINES 2015 AND PRODUCED USING A FOOD ANALYSIS SYSTEM.

SEPT 25
WEEK 6

MAIN

VEGETARIAN

DELI

TAKEOUT
TUBS

PUDDING

MONDAY

ROAST CHICKEN
Roast Potatoes,
Yorkshire Pudding,
Cauliflower, corn &
Gravy
(2A,2C,4,7,13)

QUORN FILLET
Roast Potatoes,
Yorkshire Pudding,
Cauliflower, corn &
Gravy
(2A,2C,4,7,13)

TUESDAY

BEEF LASAGNE
Salad
(1,2A,4,7,9,13)

VEGETABLE LASAGNE
Salad
(1,2A,4,7,9,13)

WEDNESDAY

JACKET POTATO
Beans & Salad

JACKET POTATO
Beans & Salad

THURSDAY

SWEET & SOUR
CHICKEN
Rice & Prawn Crackers
(2A,3,5,13)

SWEET & SOUR
VEGETABLES
Rice & Prawn Crackers
(2A,3,5,13)

FRIDAY

FISH, CHIPS
Beans/Peas
(2A,5)

VEGGIE NUGGETS.
CHIPS
Beans/Peas
(2A)

FRESHLY PREPARED SALAD WITH A OPTION OF TOPPINGS CHEESE , CHICKEN TIKKA CHICKEN MAYO, HAM OR TUNA MAYO
AND A SIDE OF JACKET POTATO, COLD PASTA OR CRUSTY ROLL.
(ALL ITEMS SUBJECT TO AVAILABILITY)

HERBY TOMATO or
CHICKEN KORMA (7)
With Fusilli Pasta
(2A,9,13)
or Rice

HERBY TOMATO or
BEEF BOLOGNESE
With Fusilli Pasta
(2A,9,13)
or Rice

HERBY TOMATO or
CHICKEN TIKKA (7)
With Fusilli Pasta
(2A,9,13)
or Rice

HERBY TOMATO or
BEEF CHILLI
With Fusilli Pasta
(2A,9,13)
or Rice

HERBY TOMATO or
CHEESE (7)
With Fusilli Pasta
(2A,9,13)

ICE CREAM POT
(7)
Fresh Fruit, Yoghurt (7)Or Jelly

APPLE 'N' RHUBARB
CRUMBLE & CUSTARD
(2A,4,7,13)
Fresh Fruit, Yoghurt (7) Or Jelly

LEMON DRIZZLE
MUFFIN
(2A,4,7)
Fresh Fruit, Yoghurt (7) Or Jelly

JAM SPONGE &
CUSTARD
(2A,4,7,13)
Fresh Fruit, Yoghurt (7) Or Jelly

CHOCOLATE &
CHERRY BROWNIE
(2A,4,7,13)
Fresh Fruit, Yoghurt (7)Or Jelly

ANY ALLERGY CONCERNS PLEASE SPEAK TO THE CATERING TEAM
ALLERGIES HIGHLIGHTED IN RED "CONTAINS" THE ALLERGY BLACK "MAY CONTAIN"

1 Celery 2A Wheat 2B Rye 2C Barley 2D Oats 2E Spelt 3 Crustaceans 4 Eggs 5 Fish 6 Lupin
7 Milk 8 Molluscs 9 Mustard 10 Peanuts 11 Nuts12 Sesame 13 Soya 14 Sulphur Dioxide



WE ONLY SERVE FOOD WE WOULD BE HAPPY TO BE SERVED OURSELVES. MOST OF OUR MEAT IS RED TRACTOR ACCREDITED AND BRITISH, OUR EGGS AND MAYO ARE FREE RANGE, OUR FISH IS CAUGHT FROM SUSTAINABLE STOCKS. TO FURTHER REDUCE THE FOOD MILES, AMEY'S AIM IS TO PROCURE OUR INGREDIENTS FROM ONE SUPPLIER THAT SOURCE AS LOCAL AS POSSIBLE. HOWEVER SOURCING THESE GREAT INGREDIENTS AND PRODUCING GREAT TASTING FOOD CAN ONLY BE BROUGHT TOGETHER BY OUR SKILLED AND TRAINED TEAMS. ALL OF OUR FOOD IS PRODUCED IN AN ENVIRONMENT WHERE NUTS AND OTHER FOOD ALLERGENS ARE PRESENT, IF YOU HAVE A DIETARY REQUIREMENTS, PLEASE SPEAK TO ONE OF OUR TEAM WHO WILL BE HAPPY TO HELP TO FIND SOMETHING SUITABLE. ALL OF OUR DISHES ARE FULLY COMPLIANT WITH THE NEW GOVERNMENT NUTRITIONAL GUIDELINES 2015 AND PRODUCED USING A FOOD ANALYSIS SYSTEM.