

SEPT 2022
WEEK ONE

MONDAY

SPAGHETTI BOLOGNESE
with Garlic Bread
(1,2a,7,14)

TUESDAY

ROAST TURKEY
With Roast Potatoes,
Yorkshire Pudding, Stuffing,
Green Beans & Sweetcorn
(2a,4,7)

WEDNESDAY

CHICKEN KORMA
With Rice, Peas & Naan
Bread
(2a,7,13)

THURSDAY

LOADED BEEF CHILLI
WEDGES
With Peas/Sweetcorn

FRIDAY

FISH, CHIPS
With Beans/Peas
(2a,5)

MAIN

VEGETARIAN

VEGETABLE BOLOGNESE
With Garlic Bread
(1,2a,2c,4,7)

QUORN FILLET
With New Potatoes, Broccoli,
Baby Carrots & Gravy
(1,2a,2c,13)

VEGETABLE MADRAS
CURRY
With Rice & Flat Bread
(2a,9,14)

LOADED VEG CHILLI
WEDGES
With Peas/Sweetcorn

FALAFEL SPINACH
BURGER, CHIPS
With Beans/Peas
(2a)

DELI

FRESHLY PREPARED SALAD WITH A OPTION OF TOPPINGS (CHEESE (7), CHICKEN TIKKA (4,7), CHICKEN MAYO(4), HAM OR TUNA MAYO (4,5) AND A SIDE OF JACKET POTATO, COLD PASTA (2a) OR CRUSTY ROLL (2a). (ALL ITEMS SUBJECT TO AVAILABILITY)

TUBS
2 GO

HERBY TOMATO or
CHICKEN TIKKA
With Pasta/Rice (2a,7)

HERBY TOMATO or
BEEF BOLOGNESE
With Pasta/Rice (2a)

HERBY TOMATO or
SWEET CHILLI
CHICKEN
With Pasta/Rice (2a)

HERBY TOMATO or
BEEF CHILLI
With Pasta/Rice (2a)

HERBY TOMATO or
CHEESE
With Pasta (2a,7)

STREET FOOD, GRAB & GO, HOT DELI FILLED PANINI, BAGELS & MUFFINS CHOICE DAILY

PUDDING

ICE CREAM POT(7)
Fresh Fruit, Grape Pots Or Jelly

CHERRY CRUMBLE &
CUSTARD (2a,7)
Fresh Fruit, Grape Pots Or Jelly

PINEAPPLE & CHERRY
SPONGE (2a,4,7)
Fresh Fruit, Grape Pots Or Jelly

VANILLA SPONGE &
CUSTARD (2a,4,7)
Fresh Fruit, Grape Pots Or Jelly

FLAP JACK (2a,7)
Fresh Fruit, Grape Pots Or
Jelly

Use the QR Code to get all
the Allergy and Nutritional
Information or type in a
Browser



[https://app.catercloud.com/
menu/6C078E4F-91B4-4FCA-
A395-E898E1BA1CCC](https://app.catercloud.com/menu/6C078E4F-91B4-4FCA-A395-E898E1BA1CCC)

ALLERGEN KEY—ANY ALLERGY CONCERNS PLEASE SPEAK TO THE CATERING TEAM



1 Celery 2a Wheat 2b Rye 2c Barley 2d Oats 2e Spelt 3 Crustaceans 4 Eggs 5 Fish 6 Lupin 7 Milk 8 Molluscs 9 Mustard 10 Peanuts 11 Nuts 12 Sesame 13 Soya 14 Sulphur Dioxide

WE ONLY SERVE FOOD WE WOULD BE HAPPY TO BE SERVED OURSELVES. MOST OF OUR MEAT IS RED TRACTOR ACCREDITED AND BRITISH, OUR EGGS AND MAYO ARE FREE RANGE, OUR FISH IS CAUGHT FROM SUSTAINABLE STOCKS. TO FURTHER REDUCE THE FOOD MILES, AMEY'S AIM IS TO PROCURE OUR INGREDIENTS FROM ONE SUPPLIER THAT SOURCE AS LOCAL AS POSSIBLE. HOWEVER SOURCING THESE GREAT INGREDIENTS AND PRODUCING GREAT TASTING FOOD CAN ONLY BE BROUGHT TOGETHER BY OUR SKILLED AND TRAINED TEAMS. ALL OF OUR FOOD IS PRODUCED IN AN ENVIRONMENT WHERE NUTS AND OTHER FOOD ALLERGENS ARE PRESENT, IF YOU HAVE A DIETARY REQUIREMENTS, PLEASE SPEAK TO ONE OF OUR TEAM WHO WILL BE HAPPY TO HELP TO FIND SOMETHING SUITABLE. ALL OF OUR DISHES ARE FULLY COMPLIANT WITH THE NEW GOVERNMENT NUTRITIONAL GUIDELINES 2015 AND PRODUCED USING A FOOD ANALYSIS SYSTEM.

SEPT 2022
WEEK TWO

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN

BEEF CHILLI
With Rice, Nacho's &
Sweetcorn (14)

TOAD IN THE HOLE
With Mash Potato, Broccoli,
Sweetcorn & Gravy
(1,2a,2c,4,7,13,14)

SWEET & SOUR CHICKEN
With Noodles & Prawn
Crackers
(2a,3,4)

BEEF BURGER
With Homemade Wedges
& Coleslaw
(2a,4,12,13,14)

FISH, CHIPS
With Beans/Peas
(2a,5)

VEGETARIAN

VEGETABLE CHILLI
With Rice, Nacho's &
Sweetcorn (2c,4)

VEGGIE TOAD IN THE
HOLE
With Mash Potato, Broccoli,
Sweetcorn & Gravy
(1,2a,2c,4,7,13)

SWEET & SOUR
VEGETABLES
With Rice & Prawn Crackers
(2a,3,4)

SPICY BEAN BURGER,
With Homemade Wedges
& Coleslaw
(2a,4,12)

CHEESE & ONION
PASTY, CHIPS
With Beans/Peas
(2a,4)

DELI

FRESHLY PREPARED SALAD WITH A OPTION OF TOPPINGS (CHEESE (7), CHICKEN TIKKA (4,7), CHICKEN MAYO(4), HAM OR TUNA MAYO (4,5) AND A SIDE OF JACKET POTATO, COLD PASTA (2a) OR CRUSTY ROLL (2a). (ALL ITEMS SUBJECT TO AVAILABILITY)

TUBS
2 GO

HERBY TOMATO or
CHICKEN KORMA
With Pasta/Rice (2a,7)

HERBY TOMATO or
BEEF BOLOGNESE
With Pasta/Rice (2a)

HERBY TOMATO or
SWEET & SOUR
CHICKEN
With Pasta/Rice (2a)

HERBY TOMATO or
BEEF CHILLI
With Pasta/Rice (2a)

HERBY TOMATO or
CHEESE
With Pasta (2a,7)

STREET FOOD, GRAB & GO, HOT DELI FILLED PANINI, BAGELS & MUFFINS CHOICE DAILY

PUDDING

ICE CREAM POT(7)
Fresh Fruit, Grape Pots Or Jelly

APPLE CRUMBLE &
CUSTARD (2a,7)
Fresh Fruit, Grape Pots Or Jelly

JAM SPONGE (2a,4)
Fresh Fruit, Grape Pots Or Jelly

CHOCOLATE, DATE
SPONGE & CUSTARD
(2a,4,7)
Fresh Fruit, Grape Pots Or Jelly

SULTANA
SHORTBREAD (2a,
Fresh Fruit, Grape Pots Or
Jelly

Use the QR Code to get all the Allergy and Nutritional Information or type in a Browser
<https://app.catercloud.com/menu/6C078E4F-91B4-4FCA-A395-E898E1BA1CCC>



ALLERGEN KEY—ANY ALLERGY CONCERNS PLEASE SPEAK TO THE CATERING TEAM



1 Celery 2a Wheat 2b Rye 2c Barley 2d Oats 2e Spelt 3 Crustaceans 4 Eggs 5 Fish 6 Lupin 7 Milk 8 Molluscs 9 Mustard 10 Peanuts 11 Nuts 12 Sesame 13 Soya 14 Sulphur Dioxide

WE ONLY SERVE FOOD WE WOULD BE HAPPY TO BE SERVED OURSELVES. MOST OF OUR MEAT IS RED TRACTOR ACCREDITED AND BRITISH, OUR EGGS AND MAYO ARE FREE RANGE, OUR FISH IS CAUGHT FROM SUSTAINABLE STOCKS. TO FURTHER REDUCE THE FOOD MILES, AMEY'S AIM IS TO PROCURE OUR INGREDIENTS FROM ONE SUPPLIER THAT SOURCE AS LOCAL AS POSSIBLE. HOWEVER SOURCING THESE GREAT INGREDIENTS AND PRODUCING GREAT TASTING FOOD CAN ONLY BE BROUGHT TOGETHER BY OUR SKILLED AND TRAINED TEAMS. ALL OF OUR FOOD IS PRODUCED IN AN ENVIRONMENT WHERE NUTS AND OTHER FOOD ALLERGENS ARE PRESENT, IF YOU HAVE A DIETARY REQUIREMENTS, PLEASE SPEAK TO ONE OF OUR TEAM WHO WILL BE HAPPY TO HELP TO FIND SOMETHING SUITABLE. ALL OF OUR DISHES ARE FULLY COMPLIANT WITH THE NEW GOVERNMENT NUTRITIONAL GUIDELINES 2015 AND PRODUCED USING A FOOD ANALYSIS SYSTEM.

SEPT 2022
WEEK THREE

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN

CHICKEN MEATBALLS
With Pasta, Garlic Bread & Salad
(2a,4)

BEEF IN GRAVY
With Roast Potatoes,
Yorkshire Pudding, Carrots &
Cabbage
(1,2a,2c,4,7,13)

KATSU CHICKEN CURRY
With Rice & Peas
(2a,13)

PORK SAUSAGES
with Mash Potato, mixed
Veg & Gravy
(1,2a,2c,7,13,14)

SALMON FISH CAKE,
CHIPS
With Beans/Peas
(2a,5,14)

VEGETARIAN

VEGAN 'MEAT' BALLS
With Pasta, Garlic Bread
& Salad
(2a,4,13)

CHEESY CAULI & LEAK
With Roast Potatoes,
Yorkshire pudding, carrots &
Cabbage (1,2a,2c,4,7,9,13)

VEGETABLE KATSU
CURRY
With Rice & Peas
(2a,13)

VEGGIE SAUSAGES
with Mash Potato, mixed
Veg & Gravy
(1,2a,2c,4,7,13)

VEGAN SAUSAGE
ROLL, CHIPS
With Beans/Peas
(2a,2c,13)

DELI

FRESHLY PREPARED SALAD WITH A OPTION OF TOPPINGS (CHEESE (7), CHICKEN TIKKA (4,7), CHICKEN MAYO(4), HAM OR TUNA MAYO (4,5) AND A SIDE OF JACKET POTATO, COLD PASTA (2a) OR CRUSTY ROLL (2a). (ALL ITEMS SUBJECT TO AVAILABILITY)

TUBS
2 GO

HERBY TOMATO or
PIRI PIRI CHICKEN
With Pasta/Rice (2a)

HERBY TOMATO or
BEEF BOLOGNESE
With Pasta/Rice (2a)

HERBY TOMATO or
BBQ CHICKEN
With Pasta/Rice
(1,2a,2c,13)

HERBY TOMATO or
BEEF CHILLI
With Pasta/Rice (2a)

HERBY TOMATO or
CHEESE
With Pasta (2a,7)

STREET FOOD, GRAB & GO, HOT DELI FILLED PANINI, BAGELS & MUFFINS CHOICE DAILY

PUDDING

ICE CREAM POT(7)
Fresh Fruit, Grape Pots Or Jelly

MIXED FRUIT & APPLE
CRUMBLE &
CUSTARD (2a,7)
Fresh Fruit, Grape Pots Or Jelly

LEMON DRIZZLE
SPONGE (2a,4,7)
Fresh Fruit, Grape Pots Or Jelly

STRAWBERRY PIE with
CUSTARD (2a,7)
Fresh Fruit, Grape Pots Or Jelly

CHERRY
SHORTBREAD (2a,)
Fresh Fruit, Grape Pots Or
Jelly

Use the QR Code to get all the Allergy and Nutritional Information or type in a Browser
<https://app.catercloud.com/menu/6C078E4F-91B4-4FCA-A395-E898E1BA1CCC>



ALLERGEN KEY—ANY ALLERGY CONCERNS PLEASE SPEAK TO THE CATERING TEAM



1 Celery 2a Wheat 2b Rye 2c Barley 2d Oats 2e Spelt 3 Crustaceans 4 Eggs 5 Fish 6 Lupin 7 Milk 8 Molluscs 9 Mustard 10 Peanuts 11 Nuts 12 Sesame 13 Soya 14 Sulphur Dioxide

WE ONLY SERVE FOOD WE WOULD BE HAPPY TO BE SERVED OURSELVES. MOST OF OUR MEAT IS RED TRACTOR ACCREDITED AND BRITISH, OUR EGGS AND MAYO ARE FREE RANGE, OUR FISH IS CAUGHT FROM SUSTAINABLE STOCKS. TO FURTHER REDUCE THE FOOD MILES, AMEY'S AIM IS TO PROCURE OUR INGREDIENTS FROM ONE SUPPLIER THAT SOURCE AS LOCAL AS POSSIBLE. HOWEVER SOURCING THESE GREAT INGREDIENTS AND PRODUCING GREAT TASTING FOOD CAN ONLY BE BROUGHT TOGETHER BY OUR SKILLED AND TRAINED TEAMS. ALL OF OUR FOOD IS PRODUCED IN AN ENVIRONMENT WHERE NUTS AND OTHER FOOD ALLERGENS ARE PRESENT, IF YOU HAVE A DIETARY REQUIREMENTS, PLEASE SPEAK TO ONE OF OUR TEAM WHO WILL BE HAPPY TO HELP TO FIND SOMETHING SUITABLE. ALL OF OUR DISHES ARE FULLY COMPLIANT WITH THE NEW GOVERNMENT NUTRITIONAL GUIDELINES 2015 AND PRODUCED USING A FOOD ANALYSIS SYSTEM.

SEPT 2022
WEEK FOUR

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN

CHICKEN & BACON
TAGLIATELLE
With Garlic Bread & Salad
(2a,7)

ROAST CHICKEN
With New Potatoes,
Yorkshire Pudding,
Brussels, carrots & Gravy
(1,2a,2c,4,7,13)

BEEF IN BLACK BEAN
SAUCE
With Rice/Noodles &
Prawn
Crackers

HOT DOG IN A BUN
With Homemade Wedges,
Peas & Sweetcorn
(2a)

FISH, CHIPS
With beans/peas
(2a,5)

VEGETARIAN

ROASTED RED PEPPER
TAGLIATELLE
With Garlic Bread & Salad
(2a,7)

CAULIFLOWER CHEESE
With New Potatoes,
Yorkshire Pudding,
Brussels, carrots & Gravy
(1,2a,2c,7,13)

VEGETABLES IN
BLACK BEAN SAUCE
With Rice/Noodles &
Prawn Crackers
(2a,3,12,13)

MEATLESS HOT DOG
With Homemade Wedges,
Peas & Sweetcorn
(2a,14)

VEGETARIAN CHILLI.
CHIPS
With beans/peas

DELI

FRESHLY PREPARED SALAD WITH A OPTION OF TOPPINGS (CHEESE (7), CHICKEN TIKKA (4,7), CHICKEN MAYO(4), HAM OR TUNA MAYO (4,5) AND A SIDE OF JACKET POTATO, COLD PASTA (2a) OR CRUSTY ROLL (2a). (ALL ITEMS SUBJECT TO AVAILABILITY)

TUBS
2 GO

HERBY TOMATO or
CHICKEN TIKKA
With Pasta/Rice (2a,7)

HERBY TOMATO or
BEEF BOLOGNESE
With Pasta/Rice (2a)

HERBY TOMATO or
SWEET CHILLI
CHICKEN
With Pasta/Rice (2a)

HERBY TOMATO or
BEEF CHILLI
With Pasta/ Rice (2a)

HERBY TOMATO or
CHEESE
With Pasta (2a,7)

STREET FOOD, GRAB & GO, HOT DELI FILLED PANINI, BAGELS & MUFFINS CHOICE DAILY

PUDDING

ICE CREAM POT (7)
Fresh Fruit, Grape Pots Or Jelly

CHERRY CRUMBLE &
CUSTARD (2a,4)
Fresh Fruit, Grape Pots Or Jelly

PINEAPPLE & CHERRY
SPONGE (2a,4,7)
Fresh Fruit, Grape Pots Or Jelly

VANILLA SPONGE &
CUSTARD (2a,4,7)
Fresh Fruit, Grape Pots Or
Jelly

FLAP JACK (2a)
Fresh Fruit, Grape Pots Or Jelly

Use the QR Code to get all the Allergy and Nutritional Information or type in a Browser
<https://app.catercloud.com/menu/6C078E4F-91B4-4FCA-A395-E898E1BA1CCC>



ALLERGEN KEY—ANY ALLERGY CONCERNS PLEASE SPEAK TO THE CATERING TEAM



1 Celery 2a Wheat 2b Rye 2c Barley 2d Oats 2e Spelt 3 Crustaceans 4 Eggs 5 Fish 6 Lupin 7 Milk 8 Molluscs 9 Mustard 10 Peanuts 11 Nuts 12 Sesame 13 Soya 14 Sulphur Dioxide

WE ONLY SERVE FOOD WE WOULD BE HAPPY TO BE SERVED OURSELVES. MOST OF OUR MEAT IS RED TRACTOR ACCREDITED AND BRITISH, OUR EGGS AND MAYO ARE FREE RANGE, OUR FISH IS CAUGHT FROM SUSTAINABLE STOCKS. TO FURTHER REDUCE THE FOOD MILES, AMEY'S AIM IS TO PROCURE OUR INGREDIENTS FROM ONE SUPPLIER THAT SOURCE AS LOCAL AS POSSIBLE. HOWEVER SOURCING THESE GREAT INGREDIENTS AND PRODUCING GREAT TASTING FOOD CAN ONLY BE BROUGHT TOGETHER BY OUR SKILLED AND TRAINED TEAMS. ALL OF OUR FOOD IS PRODUCED IN AN ENVIRONMENT WHERE NUTS AND OTHER FOOD ALLERGENS ARE PRESENT, IF YOU HAVE A DIETARY REQUIREMENTS, PLEASE SPEAK TO ONE OF OUR TEAM WHO WILL BE HAPPY TO HELP TO FIND SOMETHING SUITABLE. ALL OF OUR DISHES ARE FULLY COMPLIANT WITH THE NEW GOVERNMENT NUTRITIONAL GUIDELINES 2015 AND PRODUCED USING A FOOD ANALYSIS SYSTEM.

SEPT 2022
WEEK FIVE

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN

BEEF LASAGNE
with Salad & Coleslaw
(1,2a,4,7,9,13)

SLICED ROAST PORK
With Mash Potato,
cabbage, Cauliflower &
Gravy (1,2a,2c,7,13)

JAMAICAN JERK
CHICKEN
With Rice'n'Peas &
Coleslaw (4)

COTTAGE PIE
With Peas & Baby
Carrots
(2a,2c,7,13)

FISH, CHIPS
With Beans/Peas
(2a,5)

VEGETARIAN

VEGETABLE LASAGNE
With Salad & Coleslaw
(1,2a,4,7,9,13)

QUORN SAUSAGES
With Mash Potato,
cabbage, Cauliflower &
Gravy (1,2a,2c,4,7,13)

JERK SEASONED
VEGAN FILLET
With Rice'n'Peas &
Salad (2a)

QUORN COTTAGE PIE
With Peas & Baby
Carrots
(2a,2c,4,7,13)

VEGETABLE BURGER,
CHIPS
With Beans/Peas
(2a)

DELI

FRESHLY PREPARED SALAD WITH A OPTION OF TOPPINGS (CHEESE (7), CHICKEN TIKKA (4,7), CHICKEN MAYO(4), HAM OR TUNA MAYO (4,5) AND A SIDE OF JACKET POTATO, COLD PASTA (2a) OR CRUSTY ROLL (2a). (ALL ITEMS SUBJECT TO AVAILABILITY)

TUBS
2 GO

HERBY TOMATO or
CHICKEN KORMA
With Pasta/Rice (2a,7)

HERBY TOMATO or
BEEF BOLOGNESE
With Pasta/Rice (2a)

HERBY TOMATO or
SWEET & SOUR
CHICKEN
With Pasta/Rice (2a)

HERBY TOMATO or
BEEF CHILLI
With Pasta/Rice (2a)

HERBY TOMATO or
CHEESE
With Pasta (2a,7)

STREET FOOD, GRAB & GO, HOT DELI FILLED PANINI, BAGELS & MUFFINS CHOICE DAILY

PUDDING

ICE CREAM POT (7)
Fresh Fruit, Grape Pots Or Jelly

APPLE CRUMBLE &
CUSTARD (2a,7)
Fresh Fruit, Grape Pots Or Jelly

JAM SPONGE (2a,4)
Fresh Fruit, Grape Pots Or Jelly

CHOCOLATE, DATE
SPONGE & CUSTARD
(2a,4,7)
Fresh Fruit, Grape Pots Or Jelly

SULTANA
SHORTBREAD (2a)
Fresh Fruit, Grape Pots Or
Jelly

Use the QR Code to get all the Allergy and Nutritional Information or type in a Browser <https://app.catercloud.com/menu/6C078E4F-91B4-4FCA-A395-E898E1BA1CCC>



ALLERGEN KEY—ANY ALLERGY CONCERNS PLEASE SPEAK WITH THE CATERING TEAM



1 Celery 2a Wheat 2b Rye 2c Barley 2d Oats 2e Spelt 3 Crustaceans 4 Eggs 5 Fish 6 Lupin 7 Milk 8 Molluscs 9 Mustard 10 Peanuts 11 Nuts 12 Sesame 13 Soya 14 Sulphur Dioxide

WE ONLY SERVE FOOD WE WOULD BE HAPPY TO BE SERVED OURSELVES. MOST OF OUR MEAT IS RED TRACTOR ACCREDITED AND BRITISH, OUR EGGS AND MAYO ARE FREE RANGE, OUR FISH IS CAUGHT FROM SUSTAINABLE STOCKS. TO FURTHER REDUCE THE FOOD MILES, AMEY'S AIM IS TO PROCURE OUR INGREDIENTS FROM ONE SUPPLIER THAT SOURCE AS LOCAL AS POSSIBLE. HOWEVER SOURCING THESE GREAT INGREDIENTS AND PRODUCING GREAT TASTING FOOD CAN ONLY BE BROUGHT TOGETHER BY OUR SKILLED AND TRAINED TEAMS. ALL OF OUR FOOD IS PRODUCED IN AN ENVIRONMENT WHERE NUTS AND OTHER FOOD ALLERGENS ARE PRESENT, IF YOU HAVE A DIETARY REQUIREMENTS, PLEASE SPEAK TO ONE OF OUR TEAM WHO WILL BE HAPPY TO HELP TO FIND SOMETHING SUITABLE. ALL OF OUR DISHES ARE FULLY COMPLIANT WITH THE NEW GOVERNMENT NUTRITIONAL GUIDELINES 2015 AND PRODUCED USING A FOOD ANALYSIS SYSTEM.

SEPT 2022
WEEK SIX

MAIN

VEGETARIAN

DELI

TUBS
2 GO

PUDDING

Use the QR Code to get all the Allergy and Nutritional Information or type in a Browser
<https://app.catercloud.com/menu/6C078E4F-91B4-4FCA-A395-E898E1BA1CCC>

MONDAY

BEEF ENCHILADA'S
With Baby Corn & Peas
(1,2a,7)

VEGETABLE ENCHILADA'S
With Baby Corn & Peas
(1,2a,2c,4,7,)

HERBY TOMATO or
PIRI PIRI CHICKEN
With Pasta/Rice (2a)

ICE CREAM POT(7)
Fresh Fruit, Grape Pots Or Jelly

TUESDAY

GAMMON HAM
With New Potatoes, Peas,
Cauliflower & gravy
(1,2a,2c,13)

STUFFED SWEET POTATO
With New Potatoes, Peas,
Cauliflower & gravy
(1,2a,2c,7,13)

HERBY TOMATO or
BEEF BOLOGNESE
With Pasta/Rice (2a)

MIXED FRUIT & APPLE CRUMBLE & CUSTARD
(2a,7)
Fresh Fruit, Grape Pots Or Jelly

WEDNESDAY

CHICKEN TIKKA MASALA
With Rice, Peas &
Sweetcorn & Naan Bread
(2a,7)

VEGETABLE CURRY
With Rice, Peas &
Sweetcorn & Naan Bread
(2a,9)

HERBY TOMATO or
BBQ CHICKEN
With Pasta/Rice
(1,2a,2c,13)

LEMON DRIZZLE SPONGE (2a,4,7)
Fresh Fruit, Grape Pots Or Jelly

THURSDAY

PIRI PIRI SEASONED CHICKEN FILLET
With Homemade Wedges & Salad

CAULI CHEDDAR BURGER
With Homemade Wedges & Salad (2a,7,9)

HERBY TOMATO or
BEEF CHILLI
With Pasta/Rice (2a)

STRAWBERRY PIE & CUSTARD (2a,7)
Fresh Fruit, Grape Pots Or Jelly

FRIDAY

SALMON FISH CAKE, CHIPS
With Beans/Peas
(2a,5,14)

VEGAN CORNISH PASTY. CHIPS
With Beans/Peas
(2a,2c,13)

HERBY TOMATO or
CHEESE
With Pasta (2a)

CHERRY SHORTBREAD (2a,)
Fresh Fruit, Grape Pots Or Jelly

FRESHLY PREPARED SALAD WITH A OPTION OF TOPPINGS (CHEESE (7), CHICKEN TIKKA (4,7), CHICKEN MAYO(4), HAM OR TUNA MAYO (4,5) AND A SIDE OF JACKET POTATO, COLD PASTA (2a) OR CRUSTY ROLL (2a). (ALL ITEMS SUBJECT TO AVAILABILITY)

STREET FOOD, GRAB & GO, HOT DELI FILLED PANINI, BAGELS & MUFFINS CHOICE DAILY

ALLERGEN KEY -ANY ALLERGY CONCERNS PLEASE SPEAK TO THE CATERING



1 Celery 2a Wheat 2b Rye 2c Barley 2d Oats 2e Spelt 3 Crustaceans 4 Eggs 5 Fish 6 Lupin 7 Milk 8 Molluscs 9 Mustard 10 Peanuts 11 Nuts 12 Sesame 13 Soya 14 Sulphur Dioxide

WE ONLY SERVE FOOD WE WOULD BE HAPPY TO BE SERVED OURSELVES. MOST OF OUR MEAT IS RED TRACTOR ACCREDITED AND BRITISH, OUR EGGS AND MAYO ARE FREE RANGE, OUR FISH IS CAUGHT FROM SUSTAINABLE STOCKS. TO FURTHER REDUCE THE FOOD MILES, AMEY'S AIM IS TO PROCURE OUR INGREDIENTS FROM ONE SUPPLIER THAT SOURCE AS LOCAL AS POSSIBLE. HOWEVER SOURCING THESE GREAT INGREDIENTS AND PRODUCING GREAT TASTING FOOD CAN ONLY BE BROUGHT TOGETHER BY OUR SKILLED AND TRAINED TEAMS. ALL OF OUR FOOD IS PRODUCED IN AN ENVIRONMENT WHERE NUTS AND OTHER FOOD ALLERGENS ARE PRESENT, IF YOU HAVE A DIETARY REQUIREMENTS, PLEASE SPEAK TO ONE OF OUR TEAM WHO WILL BE HAPPY TO HELP TO FIND SOMETHING SUITABLE. ALL OF OUR DISHES ARE FULLY COMPLIANT WITH THE NEW GOVERNMENT NUTRITIONAL GUIDELINES 2015 AND PRODUCED USING A FOOD ANALYSIS SYSTEM.