

23rd February 2026

Ramadan 2026

At Northampton School for Girls, we are incredibly proud of our diverse and inclusive community. As we approach the holy month of Ramadan, we want to take this opportunity to recognise its significance for our Muslim students and their families and to outline the ways in which we will be supporting them during this special time.

We understand that Ramadan is observed in different ways across our diverse Muslim community, with traditions and practices varying between cultures, families, and interpretations of faith. Our aim is to ensure that every student who is fasting, praying, or observing Ramadan in any way feels supported, respected, and valued in our school environment.

Fasting During Ramadan

We appreciate that many of our Muslim students will be fasting and we want to ensure that we are providing them with the best possible support. To help us do this, we kindly ask parents and carers to inform us if their child will be fasting by completing the form attached to this letter. This will also allow us to plan appropriately for students who wish to engage in prayer during the school day and ensure that we have suitable spaces available for them.

Curriculum and Wellbeing

In line with national guidance, including advice from the Muslim Council of Britain, students will continue to take part in all areas of the curriculum, including Music, P.E, Dance, and Drama. However, we are mindful of the physical challenges that fasting can bring, particularly in subjects that involve exertion.

While we encourage students to maintain their daily routines as much as possible, we will also be sensitive to their individual needs. For example, in P.E, we will make adjustments where necessary, such as providing lower impact alternatives to strenuous activity and ensuring students are not placed under undue physical strain. Our staff will remain vigilant to signs of fatigue or dehydration and will offer support to any student who needs it.

Prayer Room and Reflection Spaces

Our prayer room is available to students throughout the year for quiet reflection and prayer, with washing facilities close by for those who wish to perform ablution. As we expect more students to use this space during Ramadan, we will create additional prayer and reflection areas if needed.



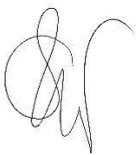
To help us accommodate all students who wish to use these spaces, we kindly ask parents to indicate this by completing the [online form](#). This will ensure we have suitable arrangements in place to support students in their religious observance.

Celebrating Ramadan at School

We believe that Ramadan is a time of reflection, community, and unity, and we want to embrace its values within our school. Throughout the month, we will be organising assemblies and activities, featuring Muslim visitors from the local community, and exploring the themes of equality, empathy, humility, and togetherness. These values not only enrich our understanding of Ramadan but also align with our shared commitment to fostering a strong, compassionate school community.

We are truly grateful for the opportunity to support our students and their families during this meaningful time, and we look forward to celebrating the spirit of Ramadan together as a school. If you have any questions or suggestions about how we can further support your child, please contact your child's tutor directly.

With warmest wishes,



Cristina Taboada-Naya | Headteacher

