

9<sup>th</sup> October 2020

Dear Parent and Carers,

## PSHE Curriculum 2020

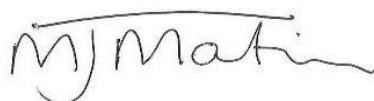
We believe that promoting the health and well-being of our pupils is an important part of their overall education at Northampton School for Girls. We do this through our Personal, Social and Health Education (PSHE) provision, which looks at many topics including all kinds of relationships, physical and emotional health, and living in the wider world. The aim of the PSHE course is to help our pupils make safe and informed decisions during their school years and beyond.

PSHE became a statutory subject in the curriculum in September 2020 and we would like to invite parents to look at the provision offered in our PSHE programme, along with an overview of the key topics being covered. Relationships and Sex Education (RSE) is an important part of the PSHE curriculum. We will be teaching lessons about RSE in an appropriate and timely manner based on student's maturity levels; using the correct language to support their understanding. In addition to RSE, students will also explore ways of keeping themselves safe and healthy, learn about financial education and study a careers unit in each year.

PSHE is a compulsory subject, however it is important to highlight that parents do have the right to withdraw their child from the 'sex education' element of this subject after discussion with the school. Even if a child is withdrawn, many pupils will discuss such issues with each other outside the classroom. We hope all students will have the opportunity to take part in our carefully planned lessons to support them in their understanding of what are often relevant and sensitive topics based on recent statistics and data.

I would like to welcome you to look at the PSHE material on the school website over the next week and answer the PSHE provision questionnaire. If you have any queries about the content of the programme or resources used, please do not hesitate in contacting me at school.

Yours sincerely,



**Mrs Megan Martin**  
PSHE Leader



Please follow the links to take you to the parent consultation information or visit the school website for further information.

[PSHE Website parent consultation information](#)

[Department for Education RSE guide for parents](#)

[PSHE Parent questionnaire](#)

