BTEC Tech Award

Level 1/2

Sport



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What is **BTEC Sport**?

An overview of the following:

- The purpose of studying this subject in regards to the wider context of careers and future study.
- What subject specific skills will this course provide you.
- What key career skills will this course provide you.
- Which industry does this subject relate to and/or support in preparation for?





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Course Overview and structure.

Specification: Pearson

Requires the completion of **3** components over the course of the two years.

- **Component 1** - Preparing participants to take part in sport and physical activity **(30%)**
- **Component 2** - Taking part and improving other participants sporting performance **(30%)**
- **Component 3** - Developing fitness to improve other participants performances in sport and physical activity **(40%)**

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Grading

BTEC qualification grades are different to other GCSE grades.

BTEC Tech award in Sport Level 1/2 has the following grading:

- **Level 2 Distinction*** - equivalent to GCSE grade 8.5
- **Level 2 Distinction** - equivalent to GCSE grade 7
- **Level 2 Merit** - equivalent to GCSE grade 5.5
- **Level 2 Pass** - equivalent to GCSE grade 4
- **Level 1 Distinction** - equivalent to GCSE grade 3
- **Level 1 Merit** - equivalent to GCSE grade 2
- **Level 1 Pass** - equivalent to GCSE grade - 1.25



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Assessment

External Synoptic Assessment

- **Component 3**: Exam 1 hour 30 mins
  - (60 marks)

Internal Externally Assessed

- **Component 1** - The assignment consists of three tasks and will be completed in a 5 hour supervised period. This will be marked by the centre and then externally moderated by Pearsons.

- **Component 2** - The assignment consists of four tasks and will be completed in a 4 hour supervised period. This will be marked by the centre and then externally moderated by Pearsons.



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Component 1 - Preparing participants to take part in sport and physical activity



Learning Outcomes

- **A -** Explore types and provision of sport and physical activity for different types of participant
- **B -** Examine equipment and technology required for participants to use when taking part in sport and physical activity
- **C -** Be able to prepare participants to take part in sport and physical activity.

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Component 1 - Preparing participants to take part in sport and physical activity

- **Non-exam internal assessment (30%)** set by Pearson, marked by the centre and moderated by Pearson.
- The Pearson-set Assignment will be **completed in approximately 5 hours of supervised assessment**.
- This is completed by **May/June** and is worth **60 marks**



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Component 2 - Taking part and improving other participants sporting performance

Learning Outcomes

- **A -** Understand how different components of fitness are used in different physical activities
- **B -** Be able to participate in sport and understand the roles and responsibilities of officials
- **C** - Demonstrate ways to improve participants sporting techniques.



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Component 2 - Taking part and improving other participants sporting performance

- **Non-exam internal assessment (30%)** set by **Pearson**, marked by the centre and moderated by Pearson.
- The **Pearson-set Assignment** will be completed in **approximately 4 hours** of supervised assessment.
- This is completed by **December** and is worth **60 marks**



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Component 3 - Developing fitness to improve other participants performances in sport and physical activity

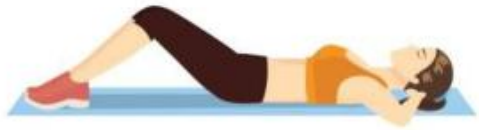
Assessment Objectives

- **AO1: Demonstrate knowledge** of facts, components of fitness, fitness tests, training methods/processes/principles in relation to improving fitness in sport and exercise
- **AO2: Demonstrate an understanding** of facts, components of fitness, fitness tests, training methods/processes/principles in relation to improving fitness in sport and exercise
- **AO3**: **Apply an understanding of** facts, components of fitness, fitness tests, training methods/processes/principles in relation to improving fitness in sport and exercise
- **AO4**: **Make connections with** concepts, facts, components of fitness, fitness tests, training methods/processes/principles in relation to improving fitness in sport and exercise



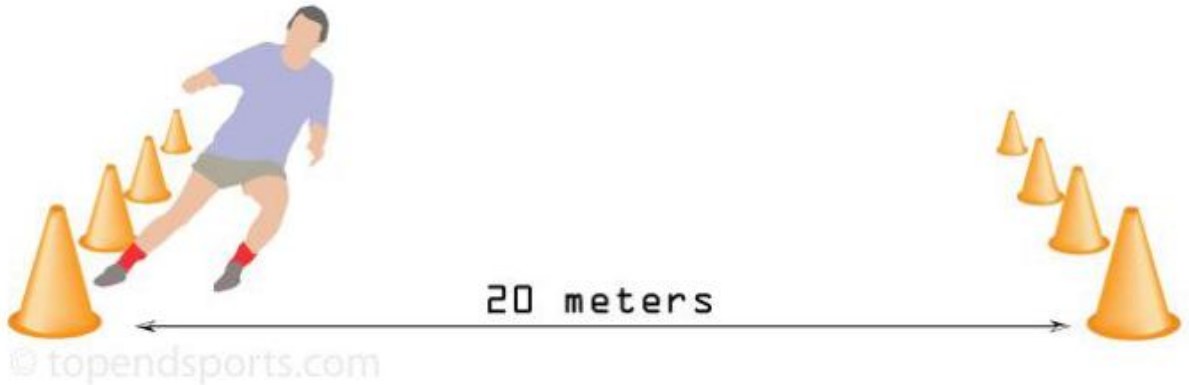
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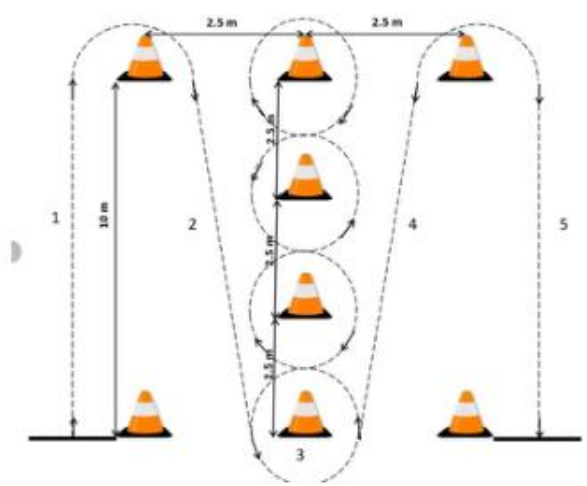
Component 3 - Developing fitness to improve other participants performances in sport and physical activity

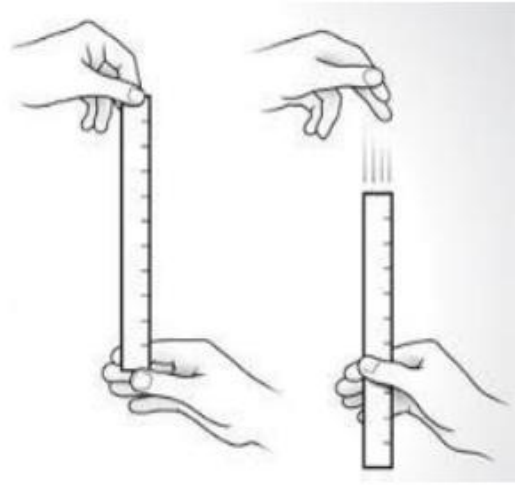












- **External assessment** set and marked by **Pearson (40%)**, completed under supervised conditions.
- The assessment will be completed in **1 hour 30 mins** within the period timetabled by Pearson.
- This is completed by **December** and is worth **60 marks**

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Key Career Skills

- The methods of study and research involved in BTEC Sport are useful training for a **variety of careers**, from **working in the leisure industry to education to sports science and business.**

- **BTEC Sport** teaches you to **research independently, describing, explaining and justifying/analysing** your answers and to write in a concise and logical manner.

- **BTEC Sport** develops the intrinsic skills of **analysis, evaluation, interpretation and explanation**, all of which are highly valued in the modern workplace.

Future career opportunities

Studying **BTEC Sport** can lead to a career in the following areas;

Outdoor - Outdoor activities instructor, activity leader, outdoor centre manager, outdoor event organiser

Fitness - Fitness facilities manager, gym instructor, exercise instructor, personal trainer

Teaching - Primary teaching, PE teaching, SEND assistant

Development - Sports development manager, sports development officer

Business Roles - Sports agent, sports marketing, sports journalist, sports media commentator, social media influencer, sports lawyer

Management Roles - Fitness/Gym manager, leisure manager, director of centre, education manager

Leisure - Swimming teacher, leisure centre manager, receptionist, recreation assistant, lifeguard, team leader

Wellbeing - Community health officer, pilates/yoga/tai chi instructor

Coaching - Community coach, Elite performance coach

Elite Sport - Athlete sponsor/influencer/performer, sports analyst, sports science, physiotherapist, strengthening & conditioning professional, sports nutritionist, sports kit manager

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Future study opportunities

Studying **BTEC Sport** can lead to further study in;

- Any relevant subject at Level 3 (A level), for example at NSG we offer:
  - **A Level Psychology**
  - **A Level Health & Social Care**
  - **A Level Biology**
  - **A Level Dance**

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